

OAKLAND ACTIVITIES ASSOCIATION

WRESTLING REGULATIONS

1. National Federations Rules and MHSAA Regulations will be followed in all OAA contests.
2. Home weigh-in will be used for all OAA dual meet formats. **Shoulder-to-shoulder weigh-ins will be used for the OAA Division Tournaments.**
3. **COMPETITION DATES:**
 - A. One scheduled league event per week.
 - B. Meets are to be held on **Wednesday**, if possible. Thursday as a second choice and Tuesday as a last resort.
 - C. Triangular meet organization should schedule the furthest travel team vs. the host school, then the two visitors, followed by the host vs. the second visitor.
4. **RECOMMENDED STARTING TIMES:**

A. DUAL MEET	JV at 6:00 and Varsity at 6:55.
B. DOUBLE DUAL	5:30 on two mats with a third mat for the JV/Novice match-ups.
C. TRIANGULAR MEETS	5:00 on two mats with JV.
D. STARTING TIMES	Should be as close to the recommended starting times as the host facility and/or the visitors' travel schedules allow.
5. **DIVISION TOURNAMENT:**
 - A. **OAA Tournament** is to be three (3) individual division tournaments with the dual meet season and tournament carrying 50% toward the final standings.
FORMAT: Seed four (4), "Draw" the rest, "Count" byes and distribute them evenly. (SEE 5d)
 - B. **The Division Meet** is to be held on the Friday or Saturday preceding the MHSAA districts by a host school which can house at least three mats.
 - C. **A JV/ Novice Meet** will be conducted without any "team score."
 - D. **OAA Meet Format** for the conduct of the tournament is as follows:

Varsity Individual Tournament with Team Scores
Medals are awarded to the top three (3) in each weight - gold, silver, bronze.
The Champion of each weight class comprise the **ALL-OAA TEAM** for each division.

Bracket Boards with the OAA LOGO
Are to be ordered as a group by the Wrestling Chairman of the Athletic Directors.

Junior Varsity Competition is by "Block Weight"
 1. No medals are awarded.
 2. Bracket Boards, provided by the host school, may not be awarded to the Champions.
 3. Three (3) wrestlers in a weight class will cause a "Round Robin" competition.
Officials
Four Officials on a three mat facility - \$150 each official.
(Ron Nagy - 248-398-3674)
6. **JUNIOR VARSITY COMPETITION:**

JV competition is a must at OAA dual meets and must be provided as in all other sports. OAA regularly scheduled league competition JV matches should be arranged before JV matches involving another opponent on the same evening.
7. **AWARDS:**

Medals to "Tournament" weight class champions (14) and places two and three at each Division meet (28).
8. **ALL-ASSOCIATION TEAM:**
 - A. The top "tournament" place finisher (CHAMPION) at each weight class in each "Division" shall be the All Association Team.
 - B. A coach of the year may be chosen.
 - C. A wrestler of the year may not be chosen.